

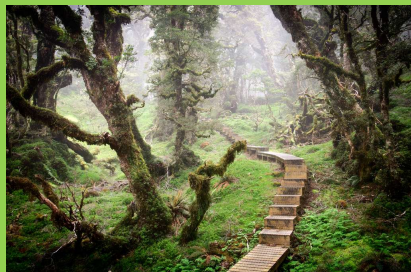
Gear Checklist

The following is a list of items we recommend that you bring on your walk as weather can be variable.

- ❖ Pack with waterproof liner/dry bags and cover
- ❖ Waterproof jacket and pants
- ❖ Hiking boots/Trail shoes
- ❖ Merino or polypropylene thermal base layers
- ❖ Warm jacket – Polar Fleece/Down Jacket
- ❖ Appropriate hiking gear – quick dry (1 set)
- ❖ Lightweight change of clothing for the evening (1 set)
- ❖ Beanie / gloves / socks / sunhat
- ❖ Lightweight sandals for the lodges
- ❖ Sleeping bag for multi share accommodation (can be hired)
- ❖ Sunscreen / Insect repellent
- ❖ Headlamp
- ❖ Water bottle – 1-2L (water points en-route) & Water treatment tablets
- ❖ Personal toiletries and medication
- ❖ Phone – USB charging cable (*Port Craig only*)
- ❖ Emergency blanket/small first aid kit/blister pack
- ❖ Emergency Locator Beacon/Satellite Communication Device
- ❖ Walking poles (optional)
- ❖ Gaiters (optional)
- ❖ Swimsuit (optional)

We **do not** recommend you walk in cotton garments, or jeans. Perspiration means you are likely to feel damp and cold inside even the best raincoat. We recommend you put all your clothing/electronics in drybags inside your pack liner for added rain protection. Keep your pack as light as possible while still taking the essentials.

If you are heli packing, we **recommend** that you carry any personal medication, spare thermals, wet weather gear & food in your day pack. The helicopter is unable to fly in fog or high winds, though uncommon, the likelihood of the flight will be communicated with you in the morning at our office. In the event of a no-fly day, your pack will be flown to the next lodge. Whilst the Lodge Staff at Okaka will make every effort to ensure that you are as comfortable as possible, you will greatly assist your own comfort by carrying a few extra essentials.



Our Lodges and Facilities

Our Okaka and Port Craig Lodges are backcountry lodges which feature gas heating & cooking, solar lighting, flush toilets, hot showers and shared kitchen & bathroom facilities. Port Craig Lodge has a USB charging station available for charging mobile phones (please bring own USB cable). This facility is not available at Okaka Lodge. All power is by means of solar – no plugs are available.

The kitchen facilities are stocked with all crockery, cutlery, cooking utensils, pots, pans, gas, tea towels, dishwashing liquid. **Rubbish – pack out what you pack in.**

All freedom walkers are offered creamy oats porridge, cinnamon, and brown sugar for breakfast. This is not Gluten Free. Should you require an alternative you will need to self-cater. Self-prepared evening meals are available as per the shop list. Gluten free sausages and vegetarian Freeze-Dried meals options are available.

Our lodges have a snack shop at which you can purchase refreshments, snacks or self-prepared meals. We stock various non-alcoholic, alcoholic as well as low or zero alcoholic beverages. Our shops accept both cash and cards.

Our Lodges are licenced premises, so alcohol **cannot** be brought onto our premises. If you bring your own alcohol, it will be confiscated and poured out.

Drinking water is available at both Lodges. Water points are indicated on the map. Treating of water is recommended.

The Humpridge Track is a Smoke-Free, Vape Free environment, smoking or vaping is **not allowed** on or within lodge premises or amongst other walkers.

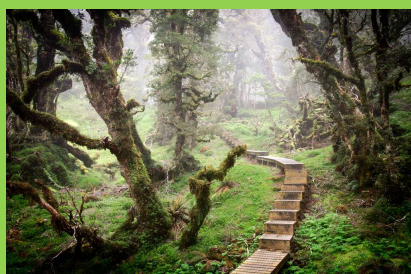
Fitness Level

A moderate to high level of fitness is required to complete this walk. If you are not a regular walker, we suggest you begin a daily walking program as early as possible beforehand. Gradually increase the distance you walk and introduce a backpack with some weight. Stair and hill climbing is recommended as you will be climbing over 900M on the first day of your walk. The track surface varies from smooth well-formed gravel to stairs and boardwalks. Maintenance and track upgrades are ongoing.

Likely Weather Conditions

It is essential to be well prepared when walking as New Zealand has very changeable weather patterns. The nature of the weather in this region means that high winds, rain and even snow can occur throughout the year, albeit less so in the summer. It is very important to be prepared for adverse weather conditions, stay dry and warm.

Our lodges **do not** have drying rooms. Clothes can be hung on a shared clothes lines outside and undercover. The lodge staff will point these areas out. **Items cannot be dried around the fireplace.**



FAQ's

Is the car park safe to leave my vehicle?

Yes. The carpark is on private land. There is honesty box located at the entrance of the carpark for a Koha/donation.

Am I supposed to check in somewhere before starting the walk?

Yes, all walkers must check in at our office, 31 Orawia Rd Tuatapere, before driving to the carpark. Our office is 17km from the carpark at the start of the track. Upon check in you will sign a customer declaration, receive a health & safety briefing for Day 1, and collect your maps and accommodation passes. You can check-in on the morning of your walk or the afternoon prior. Our office is open every day during the season, 7.30am to 6pm.

I have booked a heli pack, where do I drop off my pack?

Your pack for the helicopter is to be dropped off **at our office in Tuatapere by 8am on your starting date.** Packs can be dropped off the day prior to your starting date as well. Your packs will be weighed, tagged, and taken to the helipad for the flight. There is a max weight of 10kgs per pack. Should your pack go over 10kgs you will be asked to repack or pay for an additional pack.

Do I need to bring cooking equipment or gas burners?

No, Cooking equipment and gas burners are provided at the Lodges.

Are there drying rooms in the lodges?

No, our lodges do not have drying rooms. We do have clothes lines should you need to dry any clothes. These are undercover – outside.

What will the weather be like?

The weather is always changeable, we recommend you go prepared for all conditions at any time of the year. Remember the track is in Fiordland National Park and is a rain forest area. The Hump Ridge is also the first landform from Antarctica and any weather coming from the south hits us first. We recommend using NIWA Parks weather, Humpridge Track Okaka Lodge to monitor what the weather forecast.

Is there accommodation available in Tuatapere?

Yes, there are a variety of local accommodation sites here in Tuatapere. Ranging from motels/lodges to AirBnB's. We advise doing a google search to view the different locations. **Those on the transport,** we recommend stay somewhere in Tuatapere, as we do not drop off and pick up at locations outside of the township.

Is there transport available?

Yes. We offer transport via Invercargill, Queenstown, and Te Anau. Please refer to our transport schedule and pricing on our website. You can find this page under 'Walker Information'.

Can I add on extra's when I am there?

It is recommended to add on extra's like showers and sleeping bags prior to walk for logistics planning.

Can I prebook the sausage meals?

Pre-ordering sausage meals is helpful for stocking. Payment will still be taken at the lodges. **Remember these are self-prepared meals,** we do not cook these for you.

